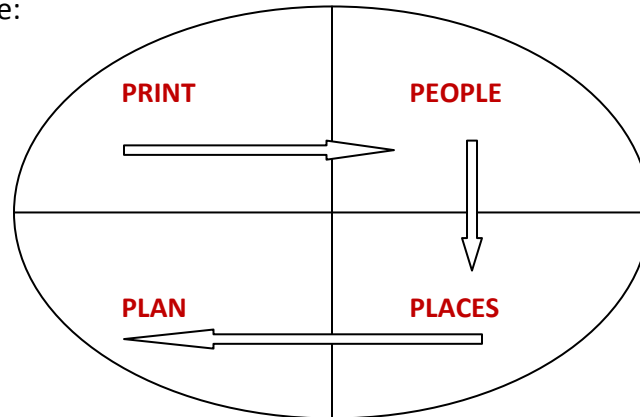




INTRODUCTION

This program is for individuals who have a career focus but want to know more about work prospects, trends, education and training options, or require additional occupational research.

The four days include:



1. **EXPLORING Print Resources**

What are the work prospects for the occupation I am interested in exploring? How will my skills and abilities fit into the local, provincial, and national economy? What trends and demographics will impact my career options?

Goal: Summary report describing work prospects for Plan A.

2. **EXPLORING People Resources**

How do I know if my research material and information is accurate? Who should I be contacting to make sure? How do I go about contacting people in the community? What do I ask?

Goal: Results of telephone script and three informational conversations.

3. **EXPLORING Places: Companies and/or Educational Institutions**

What places exist in my community that would help me elaborate on my research? How do I gather information about companies that hire in my field of interest? How do I find detailed information about programs and schools that relate to my career interests?

Goal: Results of analyzing three employment targets or three course outlines.

4. **EVALUATING My Plan**

How do I know if I'm making the right decision? Have I missed any steps? What's my Plan B? What other issues need my attention right now? What are my next steps, in order of priority?

Goal: Career Management Plan