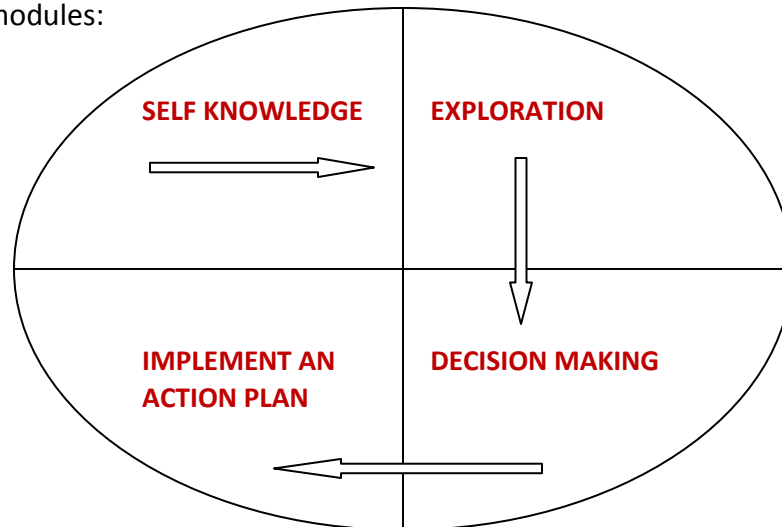


INTRODUCTION

This program is extremely popular for its flexibility. It appeals to individuals who want to explore career options and prefer a half-day format, want a complete but short-term program, and/or require only certain information versus a full program.

It has been designed into modules:



Module 1 - ORIENTATION

Explore the wealth of information that comes from reflecting on your past accomplishments and current (favorite) subjects. Explore occupations according to your favorite subjects. Explore occupations that line up with your preferred occupational clusters.

Module 2 - SELF-KNOWLEDGE

Create a master list of phrases and words that best describe *who you are now*: your strongest skill sets with information, ideas, people, and/or things; values; personality preferences; and aptitudes. Discover work options that match YOU. Prioritize what matters most to you. Compare and evaluate four work options to see which one is worth researching in detail. Work done in this module is immediately transferable to resume creation and interview preparation.

Module 3 - OCCUPATIONAL RESEARCH - Choose *one* work option to research in detail:

Locate relevant information to determine the value of your work option in our current economy. Discover what others, currently employed in the field, are experiencing. Explore ways to fill the gaps between the *skills you have* and the *skills you require*. Examine the pros and cons of pursuing education, training, volunteer options, or employment. Examine your style of and the steps for decision making. List issues that require your attention now. Gather information on a second work option. Develop a series of mini-goals that support larger ones.